

FALL REGISTRATION NOW OPEN AT ST. GREG'S! HAPPYFIT MULTI-SPORT FITNESS & FUN

ON TUESDAYS FOR 3's & THURSDAYS FOR 4's!

CHILDREN LOVE HAPPYFIT BECAUSE IT'S HUGE FUN!!!
AND PARENTS LOVE HAPPYFIT BECAUSE:

- The American Academy of Pediatrics says, "Kids aged 3-5 need at least 3-hours of physical activity per day."
- The AAP urges families to make lifelong physical activity a goal. It's the best medicine parents can give their kids for a lifetime of health.

YOUR KIDS WILL HAVE A BALL!!!

FREE CLASSES AT SCHOOL ON TUES & THURS, SEPT 17th AND SEPT 19th



Designed to engage young children with the fun of active fitness,
HappyFIT Multi-Sport will give them an introduction to a range of wonderful sports in our exuberant, action-packed programs including:

*HappyFeet Soccer

*Hooray For Hoops Basketball

*Kool Kick Kickball

*Fit Kick Agility & Balance Games

*Run For Fun Track & Field Events

*AND MUCH, MUCH MORE!!!

Muscles get worked, gross motor skills improve, as does overall fitness strength.

We provide children with an amazing upbeat learning, fitness & fun experience!

PLUS GIGGLES GALORE!!!

YOUR CHILDREN WILL BE ACTIVE, LEARNING, LAUGHING, SOCIALIZING, GETTING A WONDERFUL FITNESS WORKOUT AND HAVING A HUGE AMOUNT OF FUN!!!

CHILDREN HAVE A BALL!!!

914-960-6680

The New York Times recently wrote that active fitness was "**A Brain Tonic for Children**" talking about the critical importance of physical activity on cognitive performance ... brain health & thinking skills that most affect academic performance.

HappyFIT Multi-Sport Fitness & Fun:

An innovative & unique cross-training program specifically developed for young children ... from the creators of HappyFeet Soccer!

- *Totally age-appropriate and designed for easy learning & lots of laughter!
 - *Extraordinary college-level coaching ensures great skill development, gross motor skill growth & huge gains in balance, coordination & agility.
 - *The action is non-stop from warm-up to cool down!
 - ***AMAZING FITNESS DEVELOPMENT AND A HUGE AMOUNT OF FUN!**
- FULL REGISTRATION DETAILS →**

HAPPYFIT MULTI-SPORT FITNESS & FUN AT ST. GREGORY THE GREAT – FALL 2024

Child's Name _____ [] Male [] Female Date of Birth _____

Parents' Names _____

Best Phone Number: _____ Email Address _____

HAPPYFIT RUNS RIGHT HERE AT ST. GREG'S FROM 11:30 am – 12:15 pm!

PARENTS PICK-UP AFTER HAPPYFIT & FULL DAY CHILDREN HEAD BACK TO CLASS!

WE WILL PLAY OUTSIDE EVERY DAY POSSIBLE!!!

() HappyFIT For 3's On **14 Tuesdays** From 11:30 am – 12:15 pm: \$360

CLASS DATES: Sept 24; Oct 1, 8, 15, 22, 29; Nov 12, 19, 26; Dec 10; Jan 7, 14, 21, 28

() HappyFIT For 4's On **14 Thursdays** from 11:30 am – 12:15 pm: \$360

CLASS DATES: Sept 26; Oct 3, 10, 17, 24; Nov 7, 14, 21; Dec 12; Jan 2, 9, 16, 23, 30

PAYMENT METHOD: [] Check (to HappyFIT) [] Credit Card AMOUNT TO CHARGE _____

Credit Card Type & Number: _____ CVV _____ Exp Date _____

Name on Card _____ Signature _____ Billing Zip Code _____

Registrations should be E-mailed to: REGISTRATIONS@HAPPYFEETSOCCERNY.COM

OR Dropped at St. Greg's School Office.

ALL REGISTRATIONS MUST BE ACCOMPANIED BY SIGNED PERMISSION SLIP/WAIVER BELOW. NO CHILD WILL BE ALLOWED TO PARTICIPATE WITHOUT SIGNED PERMISSION SLIP ON FILE. FOR MORE INFORMATION: 914-960-6680 or email nan@happyfeetsoccerny.com No refunds after 2nd class any request to cancel registration must be made in writing to nan@happyfeetsoccerny.com no later than the 2nd class of the session; full registration fee remains in effect thereafter. There is a \$50 processing fee for cancelled registrations; Sorry but no make-up classes available other than those set by HappyFIT/HappyFeet or St. Gregory The Great. If the full school officially closes due to Covid, we will offer a credit for remaining classes to be used towards payment of spring HappyFeet or HappyFIT program.

HappyFIT Multi-Sport Fitness & Fun at St. Gregory The Great/Permission Slip & Waiver

I, the undersigned parent or legal guardian of the below-named player, a minor ("Player"), on behalf of myself, Player and our heirs, assigns and next of kin, hereby agree as follows:
EMERGENCY AUTHORIZATION: I hereby authorize each of the coaches, team parents, and/or other employees and/or officials and/or directors and/or owners of the HappyFIT/HappyFeet organization and/or it's related companies, to act as my agents in the capacity of activity supervisors, and I authorize each of them as well as the below-identified Emergency Contact to consent to medical, surgical or dental examination and/or treatment.

DISCLAIMER, ASSUMPTION OF RISK AND WAIVER: I acknowledge that participation in sports necessarily involves play in adverse conditions, contact with considerable force, and risk of severe, permanent physical injury including bruises, scrapes, strained, sprained or torn muscles, tendons or ligaments, broken bones, dislocation of joints, concussion, brain damage, nerve and spinal cord injury, paralysis and death. I willingly and voluntarily accept and assume all such risk. **I HAVE READ THE ABOVE EMERGENCY AUTHORIZATION, DISCLAIMER, ASSUMPTION OF RISK AND WAIVER, AND THE ACKNOWLEDGEMENT AND CONSENT AGREEMENT PRINTED BELOW, I FULLY UNDERSTAND THE TERMS OF EACH, UNDERSTAND THAT I AND THE PLAYER HAVE GIVEN UP SUBSTANTIAL RIGHTS BY MY SIGNING THIS FORM AND AGREEING TO THESE TERMS, AND I SIGN THIS FORM FOR MYSELF AND ON BEHALF OF PLAYER AND AGREE TO THESE TERMS FREELY AND VOLUNTARILY AND WITHOUT INDUCEMENT. FURTHERMORE, I AGREE TO INFORM HAPPYFIT/HAPPYFEET IN A TIMELY MANNER IF ANYTHING ON THIS FORM OR ITS ATTACHMENTS CHANGES.** I willingly and voluntarily agree to comply with the stated and customary terms and conditions for participation and, if Player or I observe any concern in Player's readiness for participation and or in the program itself, I will remove player from participation and bring such concern to the attention of the nearest HappyFIT/HappyFeet official. In consideration of accepting the registration and permitting the voluntary participation of the Player in HappyFIT/HappyFeet programs, I hereby release, discharge and agree to hold harmless to the fullest extent permitted by law HappyFIT/ Happy Feet, its players, employees, volunteers, officials, sponsors and other representatives and any and all owners, lessors, lessees or other persons or entities allowing, permitting or authorizing the use of facilities by Happy Feet and/or it's related companies and the agents, employees, officers and directors of said persons or entities from any and all claims, demands, costs, expenses and compensation arising out of or in any way related to any injury or other damage that may result to said participant or to members of my family or my household or individuals I invite or for whom I am otherwise responsible while participating in or present at any HappyFIT/Happy Feet or related company sponsored event, including any physical or other injury caused by the negligence of any person or entity described above. I further acknowledge and accept that this Disclaimer, Assumption of Risk and Waiver is intended to be as broad and inclusive as permitted by the laws of the state in which participation takes place and agree that if any portion of this Disclaimer, Assumption of Risk and Waiver is deemed to be invalid, the remainder will continue in full legal force and effect. I also hereby give my permission for photography and/or videography of my child(ren)s activities related to HappyFIT/HappyFeet /MetroNYLegends and its associated companies for public relations, advertising and marketing purposes. I agree that no compensation whatsoever will be due for my child(ren)s appearance in any such photography and/or videography and that all such images will be owned exclusively by HappyFIT/HappyFeet/MetroNYLegends and no ownership rights whatsoever are conferred upon me or my child(ren). **ACKNOWLEDGEMENT AND CONSENT** I consent to such uses and hereby waive all rights to compensation.

Player's Name _____ Medical conditions Coach should know about _____

Parent / Guardian AND Signature _____ Date _____